HELLO DDHA!!!

It is a pleasure to be your 2017-2018 DDHA President! As we embark on this journey together, it is my hope to bring a great deal of growth and success to DDHA and each of its members!

As most of you know I am very new to this AMAZING organization, but I am so proud to be a member of the only professional organization for dental hygienist! In the past year I have become familiar with ADHA and all of the benefits that come along with becoming a member. Now more than ever we are in need of new members and leaders. It is a great time to become involved with DDHA as we are working diligently on writing legislative bills, obtaining terrific CE speakers/courses, and continuing to interact with the future RDH’s of Delaware that are attending Delaware Technical Community College. Members of DDHA/ADHA if you know of any co-workers, recent graduates, or any hygienists that are just unfamiliar with our organization please reach out to them and invite them to become members. If they have any questions or would like to join DDHA they can contact Melissa Lesniczak, DDHA’s membership chair.

I started this year with the theme “One for all and all for one”. We have already begun to incorporate this theme with our newly elected executive board officers. These individuals have stepped up into leadership roles to help DDHA become “One for all and all for one”. We are so fortunate to have such great leaders to guide us and work together to help DDHA strive for greatness. I look forward to the upcoming year and can’t wait to see what lies ahead!

Jaryn Bermudez, RDH
HYGIENE HOTLINE

Newsletter of the Delaware Dental Hygienists’ Association
This newsletter is provided to members of The Delaware Dental Hygienists’ Association
Non-members may subscribe for $20.00 a year

Delaware Dental Hygienists’ Association
222 Catalina Drive
Newark, DE  19711
Who are you? Deep question, I know. Many of us would start with our name, age, profession, familial position (i.e. mother, father), talents (either musically or artistically), and perhaps note some hobbies. Some of us might consider our many professional accolades, achievements, personal accomplishments, and medical challenges we have conquered. I believe that to remain a humble, grounded individual, we must ask ourselves this question. What makes us so amazing? Is it that we are great at multitasking, being great listeners, providing great support to others, all while remaining positive and smiling? Is it the behaviors instilled within us during dental hygiene school?

A huge part of who we are is shaped by mentors in our lives. There are many mentors we could identify in our personal lives. But have you considered the mentors that exist in your professional life? We all play an integral role in dental hygiene as either: a clinician, an administrator, a public health RDH, a researcher, an educator, an entrepreneur, or in corporate sect. I’m sure you are thinking about your professional mentors at this point. These individuals have helped us exceed our goals, and aspirations. Have you considered the impact you could make upon someone? Yes, YOU! It is important that we embrace our dental family, regardless of their position on the team. In a world of uncertainty, filled with daily stressors, this is especially imperative. Positive energy, encouraging words, a smile, and even a hug is something that we can provide our team with.

I would like to highlight the new dental hygiene graduates. As you know, our professional climate is ever changing. If you have the opportunity to mentor a new graduate, I urge you to. Their dental hygiene professors/teachers have provided them with the groundwork to begin their professional journey; we have been charged with the responsibility of providing support, and advice as seasoned RDHs, to continually stimulate their professional growth.

So as you begin to enjoy the Summer by renewing your spirit and energy, either by the shore, lake, mountains, island, traveling abroad, or on a staycation, consider my initial question…who are you?

Congratulations to the graduating dental hygiene class of 2017! We welcome you to experience all that your professional organization has to offer.

On April 28th, the 2017-2018 NCCDHA Executive Board was installed, and committee chairpersons were appointed. They are as follows:

**Executive Board**
- **President**- Jennifer Quillen-Strauss, R.D.H., B.S.D.H.
- **1st Vice President**- Carla Rawheiser, R.D.H.
- **Treasurer**- Anna McDaniel, R.D.H.
- **Secretary**- Ashley Kropniewicki, R.D.H.
- **Immediate Past President**- Stephanie Andrews, R.D.H., B.S.
  B.S.D.H.

**Committee Chairpersons**
- **Employment**- Alexia Lento, R.D.H.
- **Fundraising**- Lisa Goss, R.D.H., B.S.
- **Legislative**- Carla Rawheiser, R.D.H.
- **Membership**- Nancy Brohawn, R.D.H., B.S.D.H.
- **Community DH Services**- Nancy Brohawn, R.D.H., B.S.D.H.

Please visit our constituent webpage at [www.delawaredha.org](http://www.delawaredha.org) for additional resources and contact information.

The 2017-2018 N.C.C.D.H.A. CE series will be held at the Sheraton South in New Castle. I look forward to seeing you at our N.C.C.D.H.A. general membership meetings which begin at 8:30am, with the CE course following at 9:00am-12:00pm.

- **Saturday, September 16, 2017** – “Autism and special needs patients” speaker to be announced later
- **Saturday, October 21, 2017** - “Pinhole technique and other emerging perio. topics” Brad Klassman, D.M.D.
- **Saturday, February 24, 2017** - “Helping dental practitioners practice more comfortably, longer”Lynn Pencek, R.D.H., M.S.

I look forward to a great term, serving as your 2017-2018 N.C.C.D.H.A. President!

Peace be with you,

Jennifer Quillen-Strauss, R.D.H., B.S.D.H.

2017-2018 N.C.C.D.H.A. President
Congratulations D.T.C.C. Dental Hygiene Class of 2017!!!