

HYGIENE HOTLINE

adha Delaware
Dental Hygienists' Association

Official Publication of the Delaware Dental Hygienists' Association

March 2017

PRESIDENT'S MESSAGE

My theme this year was don't let DDHA become extinct! The large turnout at the past two CE's conveys to me the degree of commitment to our Association and its continued existence as a viable support for the interest of its members. The world is changing and the speed of change is increasing every day. With new technology we have more opportunities and possibilities than ever before to share knowledge and experiences in many ways. This will be the last printed newsletter as it will be available only on our website www.delawaredha.org.



The most valuable thing you can do for yourself is to start attending live events like CE's, Give Kids a Smile and Mission of Mercy. This is where everything will become very real for you. Now take that knowledge and share it with others, you will be amazed with the outcome. Live everyday like it is your last, because in reality it could actually be! Your life is a story and each day you write a new page. A new generation of hygienists' has arrived on the scene that simply won't tolerate a work environment that fails to support them and their needs. Said another way, organizations will be unable to attract and retain this young talent if they don't adopt far more supportive management practices. (Inevitably, this will be good news for all workers, regardless of their age). If you don't know already, the Millennials (born 1980-2003) are the largest generation in US history. Totaling 17 million more people than the Baby Boomers, this group is just coming of age. Their impact on influencing major changes to workplace leadership is just being felt – and it only will get stronger in ensuing decades as they grow older and inevitably assume more management and, ultimately, may own their own practices. Millennials are the best educated age group ever. And, collectively, they have very different values than their predecessors. They're

highly self-confident, very concerned about the well-being of others and group oriented. It might surprise you the importance of 'emotional currency' – a form of reward that makes people feel important, supported, valued, developed and appreciated. In fact, science now has proved that it's our feelings and emotions that determine our level of engagement in life, what motivates us, and what we care most about.

House Bill 28 will give some the opportunity to work in different settings, like nursing homes and schools. Maybe it is not for everyone but let's not hold back those that want to help the underserved population. Remember this could affect each of us at some point in our lives.

Let me share a story Steve Jobs told of an older man that had a rock tumbler that consisted of a coffee can with a little band between some metal rings. He had Steve collect some very regular and old ugly rocks. They put them in a can with a little bit of liquid and some grit powder. The man closed the can, turned on a motor to spin them and said come back tomorrow. When he came back the next day they opened the can and the rocks were amazingly beautiful and polished. The same common stones that had gone in, through rubbing against each other, creating a little bit of friction and noise had come out these beautiful polished rocks. We are like these stones. Individually we can be fairly normal, ordinary and even a bit rough. Our association consisting of incredibly talented people who are passionate and are working hard towards something often times bump up against each other, argue, sometimes disagree and make some noise. By working together they polish one another and their ideas. Through this we create more efficiency, better ideas, better problem solving and ultimately a better Association.

The greatest advice I can give you is this . . . 'When you lead from the heart, people will follow.'

Thank you for allowing me to be you President 2016-2017

Susan Callaway, RDH

adha CLL2017
94TH ANNUAL SESSION
JUNE 14-20, 2017 / JACKSONVILLE, FL

FUTURE ANNUAL SESSION SITES OF
THE AMERICAN DENTAL HYGIENISTS' ASSOCIATION

CLL 2017- 94rd Annual Session
June 14-20, 2017
Jacksonville, FL

The Deadline for the June issue of the Hygiene Hotline
Is May 15, 2017

Newsletter Editor

Liz Powell
1509 A Gilpin Ave, Wilmington, DE 19806

DDHA OFFICERS 2016-17

President	Susan Callaway
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HYGIENE HOTLINE

Newsletter of the Delaware Dental Hygienists' Association
This newsletter is provided to members of The Delaware Dental Hygienists' Association
Non-members may subscribe for \$20.00 a year

Delaware Dental Hygienists' Association
222 Catalina Drive
Newark, DE 19711

FORWARDING AND ADDRESS CORRECTIONS REQUESTED



News From

Kent/Sussex County DHA

I'm feeling kind of cocky lately, like I have been blessed with the immune system of a seasoned kindergarten teacher. I don't know about you but our front office staff has been scrambling frantically to keep the schedule full due to all of the cancellations due to illness. My daughter's class has averaged about 35% absent due to illness. I may start walking around like a local in Beijing with a face mask on at all times if this keeps up. I hope most of you have managed to avoid being a lovely host to some menacing virus but maybe have secretly relished the unexpected breaks in your schedule.

Usually this is where I get to brag a bit on a successful CE we've just hosted in February. That was the plan. Unfortunately, due to a significant lack of registrants, we had to cancel because the company that sponsors the speaker, Lil, requires a minimum number of registrants. This is a first for us and it is my hope the last. I'm thinking it may have had something to do with the fact that it was a holiday weekend. If we are going to keep trying to host CE's in our area we need the support of our fellow hygienists to continue to make that happen. We have not set a date for our Fall CE as of yet. Please be on the lookout for our mailing in September and get registered early to guarantee that we can continue to do just that.

I'm encouraged by the hygienists I see helping and wanting to be a part of their professional organization. It's not a perfect Association, but it does strive to serve its members and non members in the most efficient and prudent way possible. It's the **ONLY** organization that looks out for **HYGIENISTS** best interests and the issues that concern them. Including keeping an eye in legislative activity that may threaten our scope of practice and livelihoods, expanding/maximizing our abilities to serve the needs of the public health that are neglected and underserved, investigating, researching and vetting of techniques and products that are used in our practices, and facilitating and promoting new and exciting degrees to expand opportunities for hygienists around the country. To those of you who pay your membership dues , thank you, to those of you who have served in perpetuity to ensure that this Association stays relevant organized and simply exist; thank you. Please encourage your peers who are not members, who think "someone else will do it" to not be apathetic about their chosen professions. We have to stick together and remain vigilant because in this aspect and every other in life, you are your own best advocate. "The greatest danger to our future is apathy." -Jane Goodall.

"That's all I have to say about that." -Forrest Gump

Tammy Beebe

President KSDHA



News From

New Castle County DHA

Hello Everyone!

It's that time of year that we are setting our sights on warmer weather and looking forward to spring and all that it has to offer. I know my son, Sean, was so excited to be celebrating his 7th birthday on February 23, 2017! And how wonderful to be celebrating it in the 60 degree weather! He celebrated it at sky zone with a batman theme! I cannot believe how fast time flies.

This year 2016-2017 has been an honor to serve as your NCCDHA President! I have learned a lot this year and feel that it has been very rewarding to serve on the NCCDHA Board. I would like the tanks out Past President (Megan Harrison), President Elect (Jennifer Quillen-Strauss), 1st Vice President/Legislative Chair (Carla Rawheiser), Treasurer (Anna McDaniel), Secretary (Ashley Melvin), Employment Chair (Alexia Lento), Fundraising Chair (Lisa Goss) and Membership/ Community Dental Hygiene Services (Nancy Brohawn). They have and always work so very hard being dedicated to their positions and the dental hygiene profession!

Congratulations to the Delegates (Anna McDaniel, Gina Doughten, Alexia Lento, Brandi Burkhardt, Meagan Harrison, Ashley Melvin, and Barb Chilada) and Alternate Delegates (Emily Saxton and Ashley Arms) that will be serving at our DDHA Annual Session March 25, 2017 at The Duncan Center, Dover, DE!

Our NCCDHA Officers Installation Dinner will be on April 28, 2017. We will celebrate those that have served this past year and those newly elected. Jennifer Quillen-Strauss will be your new President, Carla Rawheiser (1st VP/CPE Chair), Ashley Melvin (Secretary), and Anna McDaniel (Treasurer)!

I was excited to have such wonderful speakers and topics at our NCCDHA CE's this year (oral cancer, information about teenagers and their mouths, and transforming patient care through new products, tests and diagnostics). The spring DDHA CE will be on April 7, 2017 at the Virden Center, Lewes, DE. Also, the ADHA Annual Session CLL 2017 will be held in Jacksonville, Florida this year from June 14-19, 2017. Mark your calendars!

Please check out our website for CE info, volunteer opportunities, employment, and events at www.delawaredha.org.

Thank you again for allowing me to serve as your NCCDHA President! It was a learning experience and I am grateful for the opportunity.

"Let you smile change the world, but don't let the world change your smile" Unknown

Sincerely your NCCHA President

Stephanie Ann Andrews RDH, BS

Stephanie Ann Andrews RDH, BS



DDHA 24th ANNUAL SESSION

1st, 2nd, & 3rd House of Delegates

**Saturday, March 25, 2016
8 a.m.**

The Duncan Center

500 W. Loockerman St.

Dover, DE 19904

*please contact Merith Taylor at merith@comcast.net or text 717-587-4556

if directions are needed

Registration Form (for all attendees)

PLEASE REGISTER BY MARCH 10st

Lisa Goss, RDH, BS

Mail: 222 Catalina Drive, Newark, DE 19711

Phone: (302) 456-9709

Or Fax: (302) 456-0440

Full Name: _____

Address: _____

Registration / Breakfast / (Delegates/Alternates are funded by component).....\$50.00

Total amount due.....

**ATTENTION DELEGATES: EVEN THOUGH THE COMPONENT HAS FUNDED YOUR DAY...
YOU STILL NEED TO REGISTER YOUR ATTENDANCE WITH LISA GOSS
VIA MAIL, PHONE, OR FAX.
THANK YOU.**

Benefits Available for ADHA Members

Mercer Affinity Group Services

Professional Liability Insurance

Health, Life, Disability, Long term Care

*Please be sure to have your six digit ADHA membership ID# available.

**Not all policies are available in all states.

Auto Insurance Discounts

The GEICO auto insurance program offers ADHA members quality automotive coverage with award-winning 24-hour sales, policy and claims service. By taking advantage of the ADHA group affiliation, members are eligible for an 8% savings in most states.

Worldwide Hotel & Car Rental Discounts

ADHA Worldwide Hotel Discount Program

ADHA Worldwide Car Discount Program

Personal and Professional Discounts

American Dental Hygienists' Association ATIRAcredit™ Platinum Rewards MasterCard®

Office Depot and OfficeMax Savings Program

Orlando Vacation

BenefitHub

Henry Schein Direct Ordering

Uniforms and Scrubs from Tafford

eHuman.com Discounts

Allied Van Lines

Discount Rx Program

More information available at www.adha.org

Mark your calendars for the following continuing education

April 7, 2017 at the Virden center in Lewes, Delaware. Our speaker is a local speaker from Maryland and is not to be missed.

Jasmine Haley RDH, BSDH, CDA

Am Class "THE EVOLUTION OF DENTAL HYGIENE CARE WITH THE HIV/AIDS POPULATION"

Pm Class "THE FUTURE OF DIVERSITY IN DENTAL HYGIENE."

Go online to the DDHA web site and download your registration form and read the bio of our speaker and her course descriptions.

Hope to see you there... p.s. rooms are cheap at the beach this time of year. Book a room and make it a group getaway.

Any questions call Teresa Matoni at (302) 513-0665 or amatoni@aol.com

Remember, ADHA offers a quarterly payment plan and DDHA has its own payment plan, Membership is possible.
You will get heavily discounted courses within your area and can be a voice for your profession.

BEING A MEMBER SENDS THE MESSAGE THAT YOU ARE SERIOUS ABOUT PROTECTING YOUR PROFESSION !

If you have any changes or corrections to your mailing address or email address, please go to www.adha.org to correct this or contact me.

Nancy Brohawn nnlbro@aol.com 302-453-1866

Just a reminder of the benefits available with your ADHA/DDHA membership!

Spring Billing Cycle Payment Plan

Please Note There Is No Charge for Using Our Payment Plan

In effort to be of service to dental hygienists, DDHA is offering a payment program designed to take the "sting" out of your yearly dues payment. This is an optional method for renewing members and for new memberships who would like to participate in this payment method.

Upon payment of the first installment, you would receive all constituent benefits except voting rights. The benefits include the state newsletter, a membership roster, component and state by-laws, reduced fees for DDHA Continuing Education programs, and reduced fee for component meetings.

If you move to another state you should notify the DDHA treasurer. Upon final payment, your membership will transfer to your new location. NO REFUNDS WILL BE MADE. If total dues are not received by DDHA within 45 days of the payment due date, you will forfeit all rights to any reimbursement of any monies previously received.

Annual dues are \$236.00, which can be made in two payments of \$80 and one of \$76. These payments are due April 30, May 30, and June 30. Upon receipt of your third payment, your application will be processed for membership in ADHA. This will enable you to the ADHA journal and all other ADHA benefits.

Lisa Goss 222 Catalina Drive Newark DE 19711, 302.456.9709 rdhrocks@comcast.net

Mail with your April Payment: Name _____

Amount Due \$80.00

Date Due: April 30th

Mail with your May Payment: Name _____

Amount Due \$80.00

Date Due: May 30th

Mail with your June Payment: Name _____

Amount Due \$76.00

Date Due: June 30th

ADHA # _____

Home Phone _____

Address _____

Cell Phone _____

City & Zip Code _____

email _____

I, _____ have read and understand the conditions of this DDHA payment plan.

I agree to comply with the stated conditions.

DATE _____

Legislative Alert

HB 28 was introduced in January, sponsored by Reps. Briggs King, D. Short, Keeley, Kowalko, Mitchell, Williams and Wilson plus Sens. Hocker and Bushweller. It has been assigned to the House Administrative Committee. No hearing has been held yet. This is the same bill that was introduced in June 2016, this time with additional sponsors to even out the number of political party sponsors. This group reintroduced the bill with support from the previous sponsors.

HB 28 changes the scope of our practice. It allows Delaware RDHs to utilize our education to help those who cannot receive oral hygiene in a dental office, such as in long-term care facilities. Current statute does not permit Delaware licensed RDHs to perform oral screenings or a toothbrush prophylaxis without the patient having been examined by a dentist first. Referral to a dentist is addressed in the bill.

So, from where did this come? A couple of years ago, we did a survey. This legislation is the result of one of the many questions asked. Hands down, or should we say “instruments in hand,” the ability to perform oral hygiene in settings other than the dental office received more than 90% of the vote, with long term care facilities at the top.

Even though the RDH survey revealed other practice concerns, focusing on “lack of access to dental care for the underserved population” brought the makings of HB 28 to the forefront. As RDHs, we always *volunteer* our education and skills. We give ourselves to educating children at schools and the general public at Health Fairs; we give our clinical expertise at the DSDS sponsored *Give Kids A Smile* and now *Eastern Shore Mission of Mercy*. With this change, we can give ourselves to those who cannot get any preventive care, should we so choose.

We know that we are facing opposition. Understanding no communication produces no respect, we have reached out to DSDS to meet with us to discuss their concerns with HB 28 and explain our goals. Hopefully, by the time you read this, we will have met, both professions will be in agreement to language acceptable to proceed with HB 28 and the bill will be ready for a hearing. We hope to report passage by the next issue. We urge you to read and follow HB 28 at legs.delaware.gov. Please contact your legislators to support HB 28.

The Lucy Hobbs Project

The Lucy Hobbs Project empowers women in dentistry to drive change and deliver success through networking, innovation and giving back.

Our initiative is named The Lucy Hobbs Project to honor Lucy Hobbs, the first woman in dentistry. Born in 1833, Lucy was refused admission to dental school because of her gender. But she persevered, eventually learning dentistry as an apprentice, graduating from the Ohio College of Dental Surgery, and becoming the first licensed female dentist in 1866. Her leadership, courage and success paved the way for other women. Benco Dental is committed to helping others to do the same. We will host networking, innovation and give-back programs, both virtually and in person throughout the country, including a national annual event. Check out our website for more details on an event near you.

The Lucy Hobbs Project is open to women and men dentists, dental assistants, hygienists, office managers, sales representatives and consumers.